

4 EMOTIONAL ELEMENTS THAT DISRUPT THE PROCESSING BRAIN

Fear And Anxiety

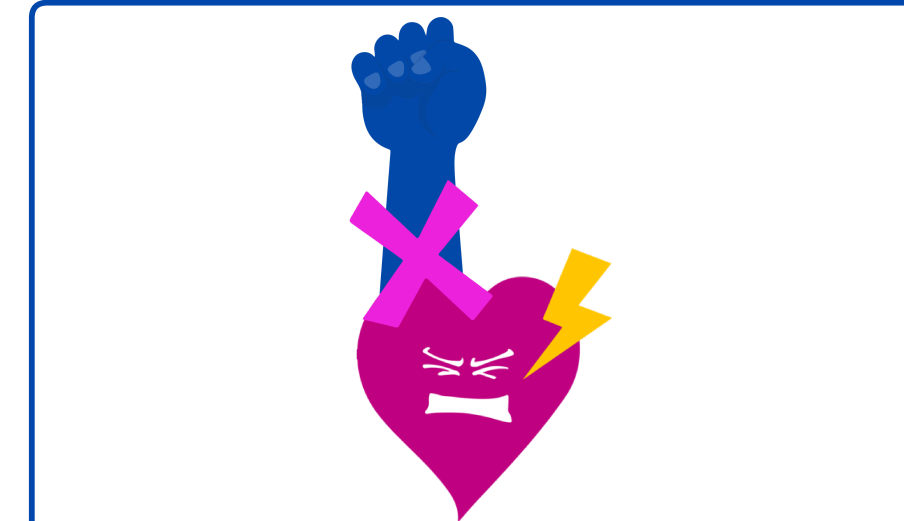
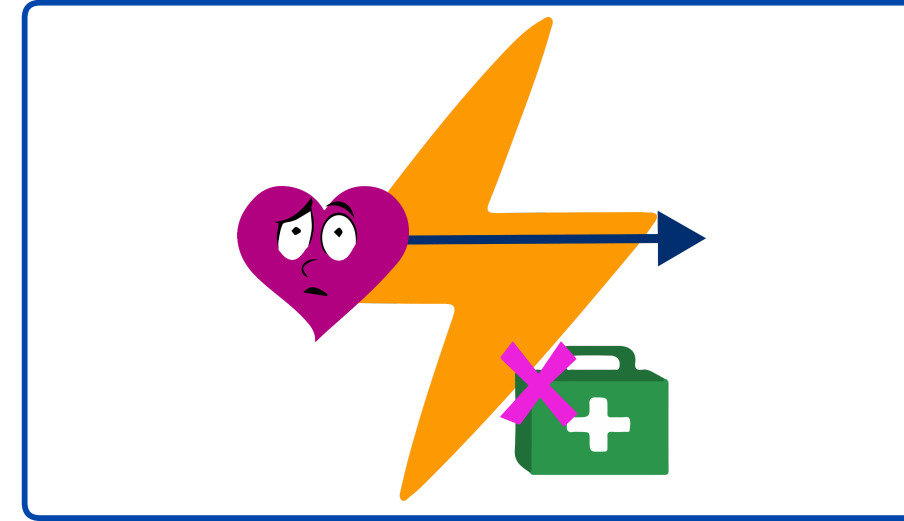
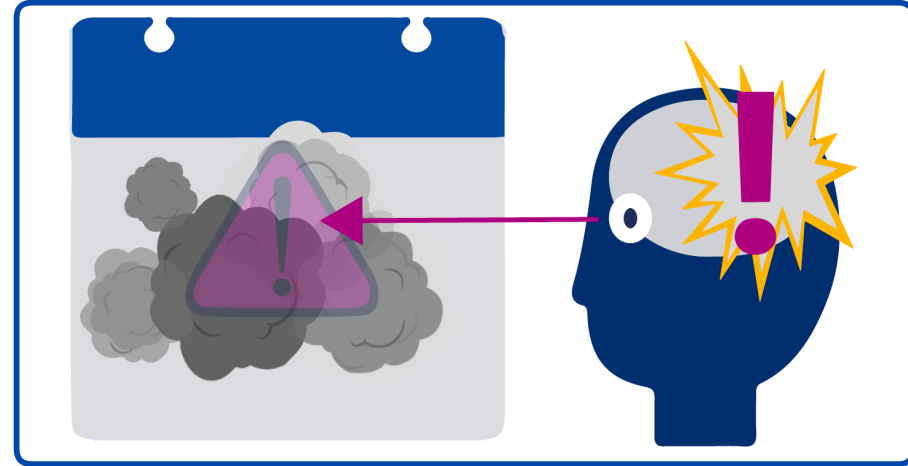
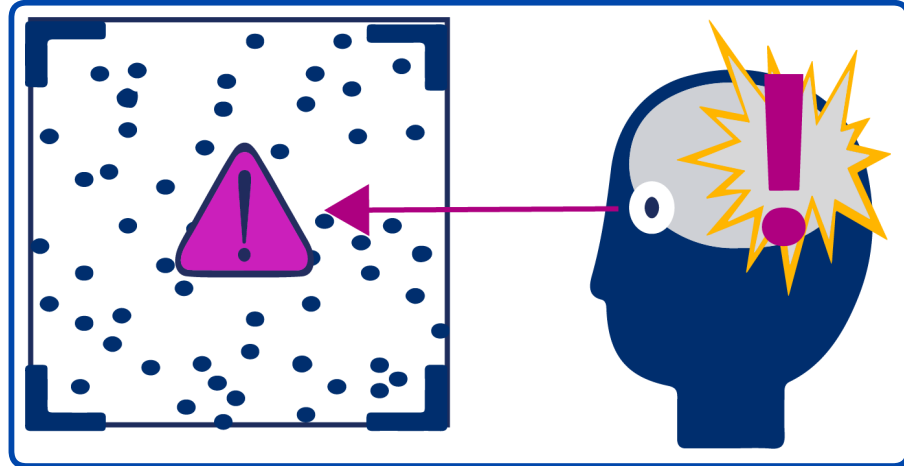
Toxic Stress And Trauma

Fear

Anxiety

Toxic Stress

Trauma



A Negative Emotional Response To A Perceived Threat.

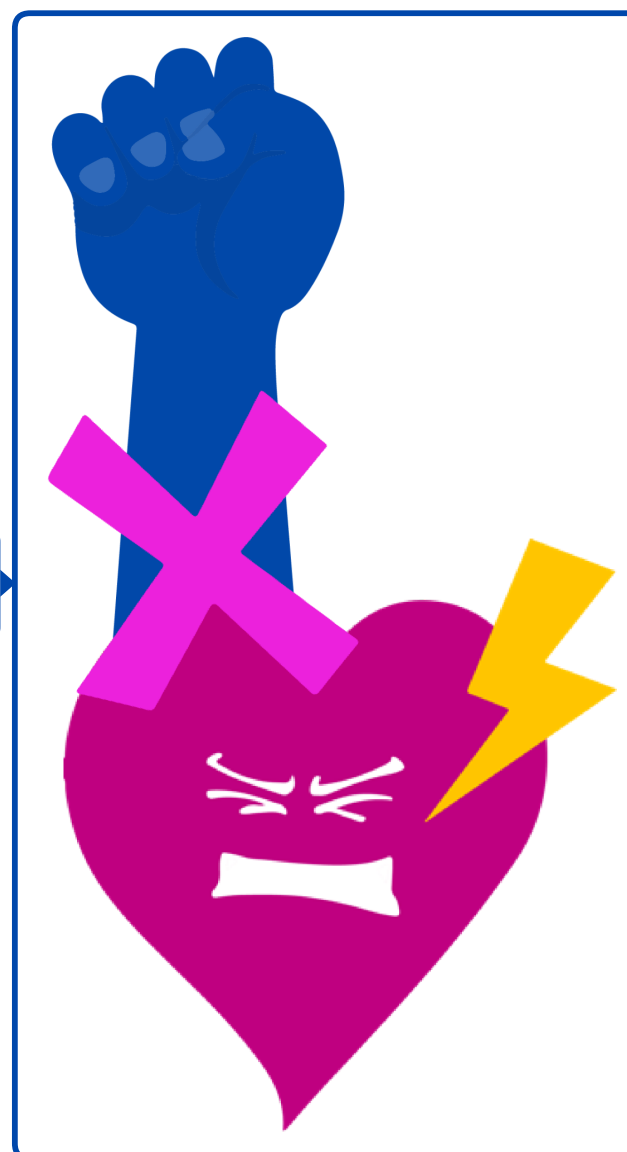
Anxiety Is A Negative Emotional Response (Apprehension) To A Potential And Possible Threat In The Future.

Toxic Stress Is Experiencing A Strong, Uncontrollable Stressor Without The Aid Of Psychological Support.

Trauma Is Getting Hurt When You Had No Control Over The Situation.

Perceived Threat Is Specific To An Observable Situation

Trauma



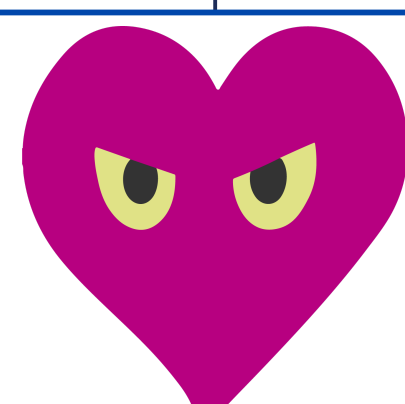
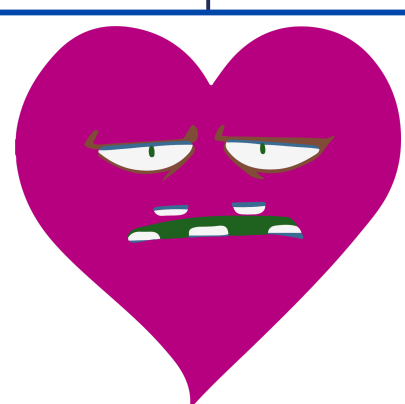
Trauma Changes The Brain

Emotional Surveillance Becomes Hyper-sensitive

Logical Surveillance Becomes Hypo-sensitive

Two Potential Responses

Two Potential Responses



Apathy

Aggression



Decreased Sensitivity To Rewards



Emotional Satisfaction Requires A Bigger Reward